



ACBS World Conference
SAN FRANCISCO
— June 14-19, 2022 —

Sex ACT – a workshop, not an offer

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Dr Dawn
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Nice to meet you!

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Disclosures

Dr Dawn Johnson

- Relevant Financial Relationships:
 - Employed in Private Practice – Dawn Johnson Psychology & Think Psychology Ltd
 - I have not received and will not receive any commercial support related to this particular presentation
- Relevant Non-financial Relationships:
 - ACBS UK & ROI Board Member



Rikke
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Nice to meet you!

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Disclosures

Rikke Kjelgaard

- **Relevant Financial Relationships:**
 - Chief rock'n'roller in my own company
 - I have not received and will not receive any commercial support related to this presentation or the work presented in this presentation.



Considering preferences

Things that are important to me	Things that are not important to me yet I am willing to hold as important for my partner(s)	Things I don't hold as important for me, or want to make space for with my partner(s)
Kissing		
	Being blindfolded	
		Choking



Kissing with tongues



Stroking and looking at each
other's naked bodies



Looking into each other's
eyes during sex



Having sex with the lights on



Having your toes sucked and
kissed



Your partner(s) taking the lead
and telling you what they want
to do



Initiating sex



Being seduced



Being fucked/fucking



Oral sex



Impact play – spanking/
slapping etc



Pain – giving or receiving



Being blindfolded/blindfolding a partner



Buying sex



Being tied down/restrained



Having sex with someone of
the same sex/gender



Having sex with someone of
the opposite sex/gender



Consciously breathing
together in sex



Celibacy



Anal sex – giving or receiving



Choking



Fisting



Self-pleasuring in front of a partner(s)



Continuing to be sexual if someone's erection fades



Making noise during sex



Being told you like it

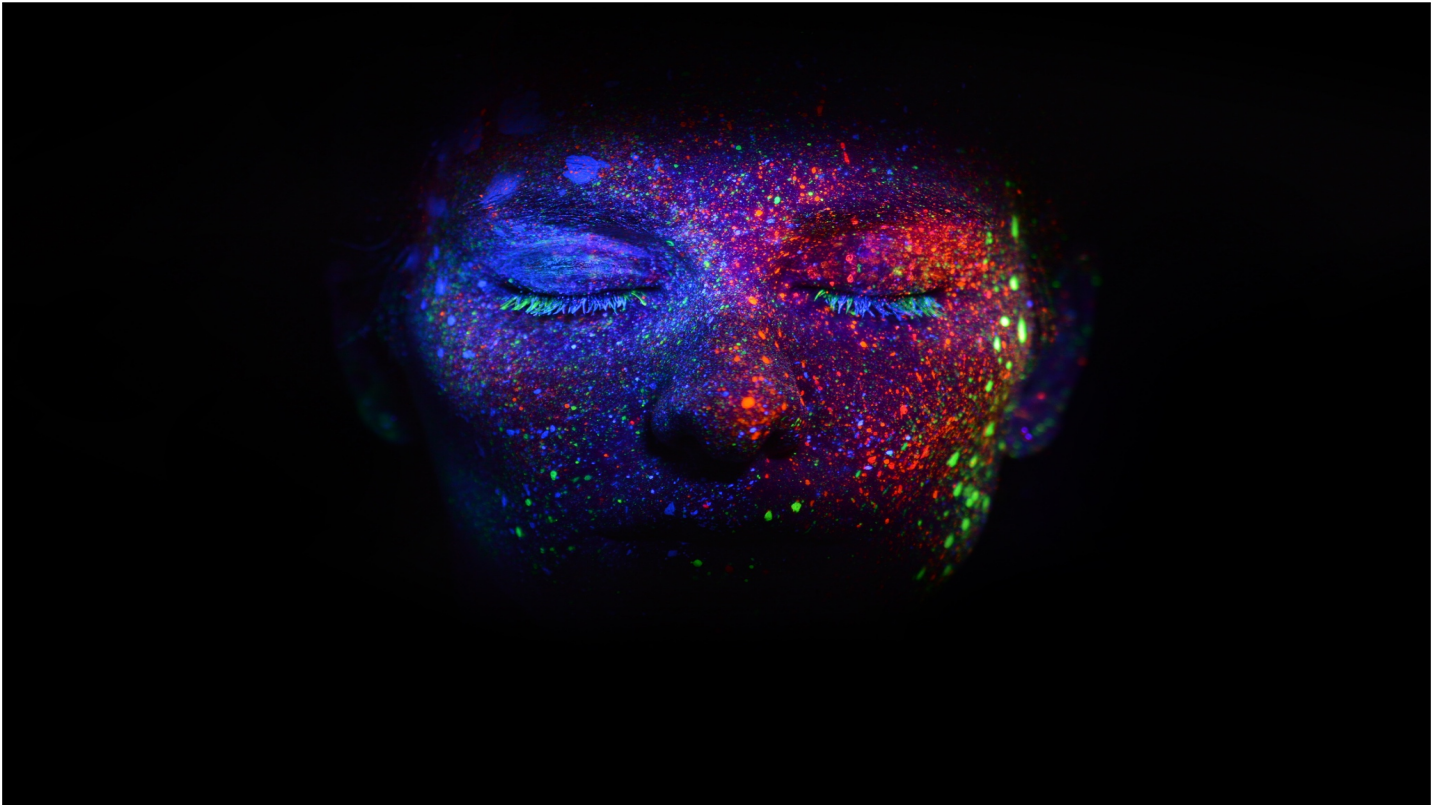


Watching porn/listening to
erotic audio together



Casual sex outside of a
relationship





Favourite food



Or...



In pairs...

- What shows up for you when talking about sex?
- What are some of the barriers that you (or your clients) experience when talking about sex?
- Share something that might feel difficult to share
- What would it look like in your own life if you were to broaden your own menu?

Thank you for your precious time.

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